

UKCSC Datasheet

Template created by KCPHD

Instructions: Please provide a brief summary of progress made for each activity below for the CURRENT REPORTING QUARTER. This summary should include key points, stay on topic, and be simple enough for those who are not familiar with your project to understand.

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
Develop a detailed project plan with tasks	Project plan in place from prior year	project plan expanded to add detail for Senior Games and the legacy project: Veterans Oral History						
Identify resources and professionals to support the tasks	Selected a Meditation practitioner and Doctor of Psychology for new programs	Contracted with Smyles Productions. Joined the Kittitas America 250 Committee. Many resources brought in for supporting Senior Games (Medic One, Physical Therapists, School District, more)						
Execute contracts with subcontractors	Jaymarc contracted	Smyles Productions contracted.						
Recruit and hire staff	Negotiated more hours for staff hired under prior year grant funding	Maintaining flexible hours for current staff. Recruited 8 new volunteers, lost 5 volunteers.						
Identify marketing materials needed	Tabling event items identified and purchased	Flyers, Registration forms, Participant information packets have been made and distributed for Senior Games. Promotion of the Veterans Oral History project has been via Facebook with our partners Chamber of Commerce, Heritage Club and CWU Archives						
Produce and distribute marketing materials	Quarterly ad to be placed in the Tribune outreach issues	Advertising Senior Games in the NKC Tribune.						
Expand hours for group activities	Added Craft Lesson, Meditation, Mahjong, Living with Change, Memory Cafe, Cooking Class, Ukulele Lessons	Mahjong has expanded to 2 hours and added lessons. Living with Change has expanded to 1 1/2 hours.						
Expand intergenerational programs	Added Evening BINGO, St. Patrick's Day community luncheon, community speaker series, Narcotics Anon Group	Youth has been engaged this quarter to support the upcoming Senior Games. A college student majoring in social work has been interning at the Center to gain experience interacting with elders.						
Increase options for exercise classes	Added "Walking Together" drop in group	Upcoming Senior Games promoting active aging, coming up next quarter.						
Implement "Senior Olympics"	Planning meetings ongoing for August 2026 event	Planning continues for August 2026 event						
Geriatric Chair Massage	Ongoing	Ongoing						
Professional Foot Care	Ongoing. Increased services to meet demand.	Ongoing. Expanded from twice monthly to 3 times monthly and added earlier timeslots.						
Partner with the Alzheimer's Association and participate in training	Training completed by 2 staff and 1 volunteer	Memory Cafe has been gaining traction. Ours is listed on the						
Incorporate new cognitive stimulation activities	Ongoing	Adding cognitive appropriate activities to our Memory Cafe: Clay, Puzzle, Coloring						
Provide take-home educational materials	The "Bored Board" is a large bulletin board that provides take-home printed puzzles, large print word games, mazes and such. It changes monthly and engages patrons with mental stimulation. Our table provides educational and information materials with topics of interest for older adults.	Monthly updates to the Bored Board. Offering free coloring books that have been donated. Conducting craft workshops providing the supplies that participants can take home.						
Offer Holistic Aging class series	Completed in 2025	Completed.						

Offer digital literacy workshops	Continuing April 2026	Tech Support open office hours attendance has continued. Held a Facebook workshop.						
Install new software and hardware	New PC implemented	Installed new Smart Screen in the Main Hall						
Install acoustic equipment	Planned for April 2026	Completed in the entryway and hallway.						
Develop a legacy project	Completed in 2025	Developed a new legacy project. Contracted a video production company and worked with the Kittitas County America 250 Committee to record 5 local veteran's oral histories in an interview format. Promoted the finished videos in conjunction with Independence Day and through Museum Day. The videos are archived on the CWU Libraries website.						
Expand support staff hours	Completed.	Our Kitchen Assistant gave notice and will be leaving the role on August 31. With so much recent growth in our Food Service Program, it will be difficult to fill that role with only 4 months of grant funding remaining.						
Finalize acoustic treatment	Planned for April 2026	Completed in the entryway and hallway.						
Establish a memory Café	Completed.	Completed.						
Acquire workshop materials and craft supplies	Ongoing	Workshops held Q1 and Q2: Painted Pots. Carving Coasters. Spoon carving. Cooking Class. Rock Painting. Watercolor. Ukelele Lessons. Garden Stakes. There are 12-14 older adults that have attended each of these workshops. They have lots of fun, are trying new things, and it creates an environment of fellowship.						
Facilitate events and activities	Ongoing	Ongoing.						
Provide additional Tai Ji Quan classes	Session started in March and runs through June	Planning for a Q3 or Q4 series of classes. This is very popular and fills up. Taught by a physical therapist, it's beneficial to healthy aging!						
Conduct Fall Risk assessments	Completed August 2025	Planning a balance challenge in August as part of Senior Games.						
Coordinate community promotion	Ongoing	Ongoing						
Collect feedback	Ongoing	Ongoing						

UKCSC Successes

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Instructions: Please provide a brief summary of successes you've seen during the CURRENT REPORTING PERIOD. This summary should include key points, stay on topic, and be simple enough for those who arent familiar with your project to understand. Each success needs to have its own cell.

Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
Start up of Memory Cafe, Meditation, and grief support group called Living with Change drop-in program led by Doctor of Psychology.	Legacy Project: Veterans Oral History in conjunction with America 250 project was underway with 5 veterans participating and two veterans from the County doing the interviews.						
	Foot Care: Aging and Long Term Care (ALTC) offered to contract our RN directly to continue performing foot care after the grant funds end. The response by our patrons has been wonderful.						
	We have had several new volunteers step forward and will be trained in serving, dishwashing, and monitoring events						
	Intergenerational opportunity: Senior Games planning has included the youth bicycling club to run the trail bike course.						
	Craft Club: First Thursday Craft workshops have been very popular. Attendance has gone from 1-3 people to 12-15 people.						
	Our Tai Ji series has ended and our practitioner would like to do another series in the fall. The participants are eager for the next series!						
	Acoustic install was completed						

UKCSC Challenges

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Instructions: Please provide a brief summary of challenges you've seen during the CURRENT REPORTING PERIOD. This summary should include key points, stay on topic, and be simple enough for those who arent familiar with your project to understand. Each challenge needs to have its own cell.

Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
Expected increase of staff hours for Program Coordinator and is not meeting commitment.	Senior nutrition program: Entered a 90 day trial period as a FISH provider. We more than doubled the number of meals they were providing for upper county. This exceeded our capacity in both space and ability to serve. The volunteers are overwhelmed with work and we are using additional space that was anticipated.						
Living with Change group is depressing attendees and then they are not coming back. Staff and program leaders did a "lessons learned" and found that we needed to prompt attendees with a positive messages/tips and set boundaries for sharing.	Senior Games: Marketing has been delayed due to awaiting commitments from volunteer event coordinators. We will extend the date to sign up participants, and have to make some hard decisions to keep moving the planning forward.						
Memory Cafe is slow to gain momentum	Memory Cafe is still slow. Four individuals have come consistently. Our Program Coordinator will attend a memory cafe idea round table with peers to get ideas on activities and marketing.						
	The lay leader for the grief support group is moving away. Lori, the Executive Director is leading the group while we explore options.						

Instructions: Please provide updated numerical data for each of the following outputs for THE CURRENT QUARTER. Please do not use a year to date count; this will be automatically totalled in column J.

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027	Total to date	Average
Number of unique individuals receiving or participating in evidence-based behavioral health-related services as a result of the grant	60	400							460	230
Number of organizational changes made to support improvement	6	1							7	3.5
Number of new staff hired	2	0							2	1
Number of unique individuals trained in prevention or behavioral health promotion	3	2							5	2.5